

P-Net Workshop Schedule 2022

To help People with Parkinson within the first 5 years of their diagnosis, PSS is working with a team of healthcare professionals on a series of Parkinson Network (P-Net) Workshops so that both patients and caregivers can know what to expect and how to better cope with challenges encountered in their Parkinson journey.

There will be small group discussions each session.

P-Net sessions will be conducted via Zoom till further notice.

For Registration & enquiries, please contact us at 6353 5338.

Complimentary for PSS Members & Caregivers

For Non-PSS Members, it will be \$10/session.

Dates	Topics (English)	Speakers
08/01/2022 (Sat) 10am – 12noon	Understanding Parkinson & Treatment	Prof Prakash Kumar Senior Neurologist Singapore General Hospital
05/02/2022 (Sat) 10am – 12noon	Making Sense of Parkinson Diagnosis	Dr Gilbert Fan Master Medical Social Worker National Cancer Centre Singapore
05/03/2022 (Sat) 10am – 12noon	Moving Well with Parkinson	Ms Ng Hui Sin Ms Viji Navamany Visvalingam Physiotherapist Singapore General Hospital
02/04/2022 (Sat) 10am – 12noon	Communicating with Parkinson	Ms Or Hui Fang Speech Therapist Singapore General Hospital
07/05/2022 (Sat) 10am – 12noon	Emotional Wellness	Dr Gilbert Fan Master Medical Social Worker National Cancer Centre Singapore
02/07/2022 (Sat) 10am – 12noon	The Caregivers' Role & Network	Dr Tan Siok Bee Advanced Practice Nurse Singapore General Hospital
06/08/2022 (Sat) 10am – 12noon	My Daily Activities with Parkinson	Ms Natalie Chew Occupational Therapist Singapore General Hospital
17/9/2022 (Sat) 10am – 12noon	Healthy Eating	Ms Joycelyn Er Principal Dietician Singapore General Hospital
01/10/2022 (Sat) 10am – 12noon	Advance Care Planning	Ms Jaya Rajesh Senior Medical Social Worker Outram Community Hospital
05/11/2022 (Sat) 10am – 12noon	Understanding Grief	Dr Gilbert Fan Master Medical Social Worker National Cancer Centre Singapore