

**11th Parkinson Star Awards
@ PSS 25th Anniversary Charity Golf & Dinner**



NOMINATION FORM

<p>I WOULD LIKE TO NOMINATE</p> <p>Name: _____</p> <p>Age: _____ NRIC (last 4 characters): _____</p> <p>Contact Number(s): _____</p> <p>Email: _____</p> <p>The nominee is a <i>(please tick the appropriate box)</i>.</p> <p><input type="checkbox"/> Person with Parkinson (PwP)</p> <p><input type="checkbox"/> Caregiver of PwP</p>	<p>NOMINATED BY</p> <p>Name: _____</p> <p>NRIC (last 4 characters): _____</p> <p>Contact Number(s): _____</p> <p>Email: _____</p> <p>Name of Organisation (if applicable): _____</p> <p>Designation (if applicable): _____</p>
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1. Tell us more about the background of the Person with Parkinson (PwP) e.g. how long has the nominee been living with Parkinson; or the Caregiver of the PwP, e.g. how long has the nominee been caring for the PwP.

2. Please share how often you have observed the nominee showing the following qualities/attributes:

CRITERIA FOR PWP	RARELY	SOMETIMES	OFTEN	ALWAYS
Courage and resilience to overcome the odds <i>(eg. inspires others by role-modelling resilience)</i>				
Making a difference in the lives of others in the Parkinson community <i>(eg. helps others stay positive)</i>				
Self-motivated to stay active and positive <i>(eg. exercises regularly)</i>				
Develops/demonstrates personal capabilities <i>(eg. takes up new hobby/course, volunteers his/her talents and expertise)</i>				

CRITERIA FOR CAREGIVERS	RARELY	SOMETIMES	OFTEN	ALWAYS
Selfless caregiving; supports and encourages care recipient to stay positive <i>(eg. attends to physical and emotional needs of care recipient)</i>				
Encourages and supports fellow PwP and caregivers <i>(eg. shares caregiving tips with other caregivers)</i>				
Supports the Parkinson cause by creating greater awareness <i>(eg. shares caregiving journey at forums on Parkinson)</i>				
Develops/demonstrates personal capabilities <i>(eg. enables self and care recipient in acquiring knowledge and skills)</i>				

3. Please share some specific examples of incidents or deeds in which the nominee has demonstrated the above qualities/attributes which make them worthy of the Parkinson Star Awards.

Terms & Conditions

1. Nominee can be any Person with Parkinson (PwP) or a caregiver of a PwP.
2. Recipients for this award in the past 5 years (2017-2021) are not eligible for participation.
3. Posthumous nominations will not be accepted.
4. Nominations must be made on official forms.
5. Closing date for nomination is **29 August 2022**.
6. The judges' decision is final.
7. Winners will be informed in September 2022, and are required to attend PSS 25th Anniversary Charity Golf & Dinner to receive the awards on stage, with consent granted for phototaking/interviews/publicity purposes by PSS.
8. By submitting this form and application for this award, it is deemed that consent from the nominee has been granted for the nomination and that all information provided by nominator in this application is true and accurate.

Please submit the completed nomination form to the office of Parkinson Society Singapore at Blk 191, Bishan Street 13, #01-415, Singapore 570191, or email to pss25@parkinson.org.sg
Thank you for your time in helping us recognize the outstanding individuals!