

Youthful

2020 Parkinson Circle

Youthful Parkinson Circle ("YPC") is open to **members** who had been diagnosed between the ages 35 to 59 and with/without school going dependents

Venue : The Parkinson Centre, Blk 191, Bishan St 13, #01-415, S'pore 570191

Time : 2.00pm to 4.00pm

Date	Topic	Speaker (From Singapore General Hospital)
Saturday, 11 January	Talk and think out LOUD	Ms Lee Cai Jing Speech Therapist
Saturday, 28 March	Doing the right exercises	Ms Sarah Lim Min Physiotherapist
Saturday, 16 May	Medications in Parkinson's Disease: What do I need to know?	Pharmacist
Saturday, 25 July <i>(Online Session via Zoom)</i>	Part I: Parkinson Management Update Part II: Brain Bank Singapore Talk	Dr Lim Ee Wei Consultant Neurologist Ms Jillian Terese Teo
Saturday, 26 September	Leisure Activities in Parkinson	Occupational Therapist
Saturday, 28 November	Art Therapy for Parkinson	Ms Dian Handayani Art Therapist

Note:

1. Registration is open to **Parkinson Society Singapore Members and their Caregivers only.**
2. Please contact our staff at 6353 5338 to register. Registration closes 3 days before.