

CGH PARKINSON SUPPORT GROUP 2018

Venue: IB-L3-04 (Level 3 Integrated Building)

Time: 230pm to 430pm

Contact: Medical Social Services Department

64268600/ 64268601 for registration

Dates (Thursday)	Topics*	Facilitator
26 April	Moving with PD- reviewing movement strategies	Physiotherapist
31 May	What am I in for? Understanding your diagnosis and treatment regime	Doctor and Pharmacist
21 June	A conversation on speech and swallowing	Speech Therapist
19 July	Food for thought	Dietician
23 August	Living with Parkinson's- Being in sync with daily activities	Occupational Therapist
27 September	Community Resources/ Social Support	Medical Social Worker
18 October	Mindfulness: A Path to Calm & Peace	Clinical Psychologist
15 November	Lasting Power of Attorney & Advance Care Planning	Medical Social Worker
TBC	Year End Party	All